

HOME SCREENING FOR COVID-19

Does your child have **ONE OR MORE** of these symptoms?

Fever of 100.4 or more	Difficulty breathing	New loss of taste/smell
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Does your child have **TWO OR MORE** of these symptoms?

Sore Throat	Body Aches	New cough or cough worse than normal
Chills	Extreme Tiredness	New runny nose or congestion
Nausea	Known COVID exposure	New or severe headache or dizziness

If you answered “yes” to any of the above, choose at least one of these options:

1. **Medical evaluation:** Be evaluated by your doctor or health care provider for school clearance, and/or
2. **COVID test:** Provide proof of negative COVID test, and/or
3. **Stay home:** Stay home until symptoms have improved. If child had fever, they must be fever-free for at least 24-hours without taking any fever reducing medicine. If they have a cough or congestion, symptoms must be managed with/without medication to reduce transmissibility to others.

In addition:

4. Notify FLEC via absence reporting online and/or by calling the school nurse at 407-862-7688.
5. Follow grade level Academic Procedures as outlined on www.myflec.com's COVID-19 update page for managing schoolwork from home.

COVID POSITIVE GUIDELINES: Has your child been diagnosed with COVID-19 since last in school?

If “yes”: According to new CDC COVID guidelines (December 2021)*:

1. **Stay home for a minimum of 5 days.** Isolate from others as much as possible.
2. **Return to school MASKED for the next 5 days, IF** symptoms are improving/resolved and fever-free for 24-hours or remain home until then.
3. **See FLEC School Nurse upon return to school** for screening/clearance before going to class. Please send any test results or medical notes.

COVID EXPOSURE GUIDELINES: Has your child been exposed to someone with COVID-19 through close contact (within 6 feet for more than 15 minutes cumulative in a day) within the last 14 days?

If “yes”, your child may still come to school while **observing for development of symptoms and wearing a mask for a minimum of 10 days** regardless of current school mask mandate status or vaccination status. Please see school nurse and follow-up with medical provider, COVID test, or voluntarily quarantine if symptoms develop.

Call the clinic at FLEC with any medical updates or questions at 407-862-7688 or email one of the nurses, lisa.kittrell@myflec.com or kim.lunde@myflec.com

* <https://www.cdc.gov/media/releases/2021/s1227-isolation-quarantine-guidance.html>