



# Forest Lake

## EDUCATION CENTER

### FLEC HOME SCREENING TOOL FOR COVID-19\*

**QUICK OVERVIEW:** *Your child must NOT come to school if they:*

1. Test positive for COVID-19
2. Show symptoms of COVID-19 (see question #1)
3. Are waiting to get evaluated OR tested for COVID-19
4. Have been exposed to someone with COVID-19 (*Optional 7-day quarantine OR okay to remain in school if not experiencing any symptoms from Question #1 below.*)
5. Someone in the home is sick and waiting on COVID evaluation (*Optional to stay at home until results known OR remain in school if not experiencing any symptoms from Question #1 below*)

#### **SYMPTOM SCREENING QUESTION #1:**

**Does your child have ONE OR MORE of these symptoms?**

Fever of 100.4 or more	Difficulty breathing	New cough or cough worse than normal
New loss of taste/smell	Chills	New or worse runny nose or congestion
Sore throat	Extreme tiredness/fatigue	New or severe headache or dizziness
Body aches	Nausea or vomiting	Diarrhea

**If you answered “yes” to any of the above symptoms:**

- **Stay home** and away from others, including those in the home, **AND...**
- **Get evaluated** by your doctor or other health care provider, **AND...**
- **Notify FLEC** via absence reporting online and/or by calling the school nurse at 407-862-7688.
- **Follow grade level Academic Procedures** as outlined on [myflec.com](http://myflec.com)

**Your child may return to school if they:**

- Have medical clearance with a doctor’s note to return to school showing a negative COVID-19 test result OR an alternate diagnosis (strep throat, stomach virus, etc.) **AND...**
- Symptoms have improved with child fever-free for over 24 hours without taking fever reducing medicine.

**IF YOU ANSWERED “NO” TO SYMPTOMS ABOVE, GO TO QUESTIONS #2, #3, & #4.**

#### **EXPOSURE SCREENING QUESTIONS #2, #3, & #4:**

**2. Has your child been diagnosed with COVID-19 since they last went to school?**

If **“yes”**, your child must NOT go to school and stay home in isolation away from others as much as possible for **10 days** beginning from the day of their first symptom, OR if no symptoms present, since the day they were swabbed for COVID-19. **If symptoms remain longer than 10 days**, they must stay home until symptoms are better and they have had no fever for 24 hours without taking medicine to lower the fever. **If they have no symptoms before the 10 days are over**, they may return to school early with a NEGATIVE COVID screen and written permission from a licensed medical provider (PCR test recommended). **Any siblings at FLEC or FLA may come to school if they are able to remain isolated from the COVID positive family member and remain free of symptoms (see Question #1 above).**

**3. Has your child had close contact (within 6 feet for more than 15 minutes cumulative in a day) within the last 14 days with someone diagnosed with COVID-19?**

If **“yes”**, under current Florida Department of Education protocols, your child has the option to quarantine at home for up to 7-days OR remain in school if symptom free. If any COVID symptoms develop (see question #1), then student should stay home and see a licensed medical provider for further evaluation and COVID screening.

**NOTE:** If testing for COVID-19, results are only valid if collected a minimum of 3-5 days **AFTER** exposure or along with symptoms. Testing too early may result in a false negative result because it takes time from date of exposure until enough levels of the virus develop to be detectable with PCR or Rapid Screen test results. PCR tests are more reliable when symptom free. Rapid Screen results are more reliable when retesting someone who has had COVID within the past 90-days.

**4. Is any other household member currently waiting for COVID-19 evaluation or test results?**

If **“yes”**, under current Florida Department of Education protocols, your child has the option to remain in school if symptom free. If the household member tests positive, please isolate them from the student. Your student may continue to attend school if symptom free OR choose to quarantine at home for 7-days while monitoring for the development of symptoms.

Call the clinic at FLEC with any medical updates or questions at 407-862-7688 or email one of the nurses, [lisa.kittrell@myflec.com](mailto:lisa.kittrell@myflec.com) or [kim.lunde@myflec.com](mailto:kim.lunde@myflec.com).

*\*If you also have students at Forest Lake Academy or other schools, policies and protocols may be different than FLEC. Follow up with each school for clarification on individual policies.*